

Kvaltider SM/U21-SM 2026

Grenar	A-kvaltider									B-kvaltider					
	Damer			Herrar			Mix			Damer			Herrar		
	25m	50m	Yards	25m	50m	Yards	25m	50m		25m	50m	Yards	25m	50m	Yards
50m frisisim	00:26,83	00:27,76	00:24,17	00:23,99	00:24,98	00:21,60				00:27,08	00:27,96	00:24,39	00:24,24	00:25,28	00:21,83
100m frisisim	00:58,35	01:00,18	00:52,56	00:52,46	00:54,63	00:47,25				00:58,74	01:00,67	00:52,92	00:52,92	00:55,02	00:47,68
200m frisisim	02:07,61	02:12,22	01:54,96	01:56,10	02:01,19	01:44,58				02:08,81	02:13,26	01:56,04	01:57,32	02:02,73	01:45,70
400m/500y frisisim	04:33,71	04:42,77	05:12,80	04:12,01	04:23,00	04:48,00				04:36,88	04:46,07	05:16,43	04:15,75	04:26,25	04:52,29
800m/1000y frisisim	09:26,54	09:45,35	10:47,48	08:40,57	09:00,84	09:54,93				09:36,00	09:54,54	10:58,28	08:48,60	09:10,69	10:04,11
1500m/1650y frisisim	18:23,08	18:56,54	18:16,49	16:44,27	17:28,76	16:38,28				18:41,56	19:18,36	18:34,86	17:01,61	17:41,68	16:55,51
4x50m frisisim SM	01:47,92	01:51,64		01:34,38	01:38,34										
4x100m frisisim U21	*	*		03:31,02	03:40,63		03:40,28	03:59,64							
4x100m frisisim SM	03:56,48	04:04,89		03:28,90	03:38,51		03:27,80	03:47,16							
4x200m frisisim U21	*	*		*	*		08:13,11	08:35,85							
4x200m frisisim	08:46,24	09:09,47		07:53,72	08:15,97										
50m bröstsim	00:33,70	00:34,89	00:30,35	00:30,11	00:31,40	00:27,12				00:34,14	00:35,19	00:30,75	00:30,57	00:31,80	00:27,53
100m bröstsim	01:13,40	01:16,81	01:06,13	01:05,94	01:09,50	00:59,40				01:14,27	01:17,69	01:06,91	01:06,95	01:10,49	01:00,31
200m bröstsim	02:41,23	02:48,22	02:25,25	02:26,17	02:34,57	02:11,67				02:43,31	02:51,06	02:27,12	02:29,58	02:38,57	02:14,74
50m ryggsim	00:30,38	00:31,96	00:27,36	00:27,47	00:29,19	00:24,74				00:30,80	00:32,33	00:27,74	00:27,93	00:29,55	00:25,16
100m ryggsim	01:05,52	01:08,93	00:59,01	00:59,20	01:03,04	00:53,34				01:06,17	01:09,72	00:59,61	01:00,03	01:03,70	00:54,07
200m ryggsim	02:23,67	02:31,72	02:09,51	02:10,73	02:18,79	01:57,77				02:25,04	02:33,15	02:10,66	02:12,70	02:21,66	01:59,55
50m fjärilsim	00:28,84	00:29,43	00:25,98	00:26,02	00:26,72	00:23,43				00:29,13	00:29,71	00:26,23	00:26,27	00:26,94	00:23,67
100m fjärilsim	01:04,59	01:06,29	00:58,19	00:58,23	01:00,15	00:52,45				01:05,22	01:07,42	00:58,75	00:59,07	01:00,80	00:53,21
200m fjärilsim	02:28,98	02:36,12	02:14,22	02:15,33	02:21,66	02:01,91				02:32,60	02:40,75	02:17,46	02:18,53	02:25,14	02:04,80
100m medley	01:07,08		01:00,41	01:00,13		00:54,17				01:07,75		01:01,03	01:00,94		00:54,90
200m medley	02:25,44	02:30,58	02:11,02	02:12,05	02:18,24	01:58,96				02:26,98	02:32,84	02:12,40	02:13,93	02:19,88	02:00,65
400m medley	05:14,87	05:30,15	04:43,66	04:46,76	05:01,31	04:18,33				05:18,86	05:35,72	04:47,27	04:51,28	05:07,18	04:22,41
4x50m medley	01:58,40	02:02,69		01:43,00	01:47,71										
4x100m medley U21	*	*		03:56,03	04:05,37		04:06,82	04:15,96							
4x100m medley SM	04:22,01	04:32,37		03:49,79	03:59,13		04:01,29	04:10,43							

* Heatbegränsning då statistiskt underlag saknas (för få resultat)